

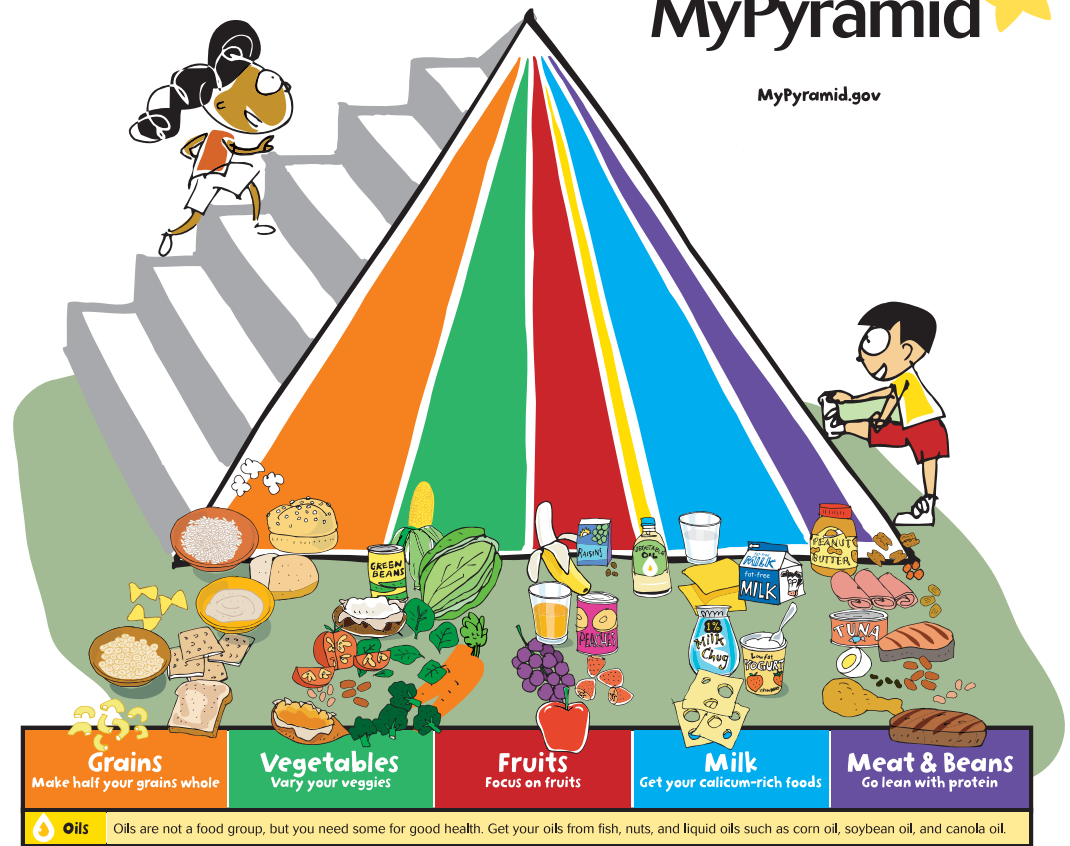
Pyramid Go Fish Instructions

Getting Ready

Print copies of the Pyramid Go Fish food cards. At least two sets of cards are needed for a class of 25 students; one set is adequate for a class of 10 – 12 students. Cut out the cards along the dotted lines. To make the cards sturdier, print onto card stock, laminate the cards, or paste the printed cards onto index cards or playing cards.

Playing Pyramid Go Fish

- Divide the students into groups of four.
- Give each group 30 cards.
- The dealer shuffles the cards and deals out four cards to each student, and places the rest in the middle.
- The first student (let's call him Michael) asks the student sitting to his left, "Kayla, do you have a fruit?" If Kayla has a fruit she says, "Yes, I do," and hands it to Michael, who then places his pair on the table. Michael is then able to ask the next student a question.
- If Kayla doesn't have a fruit, she replies, "No I don't have a fruit. Go fish," and Michael can take a card from the pile in the middle. It is then Kayla's turn to ask the student on her left for a card. The students continue to ask questions and match cards until all the pairs are found.
- The student with the most pairs wins.

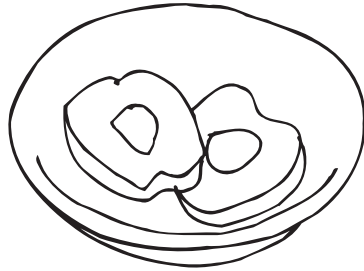


Grains



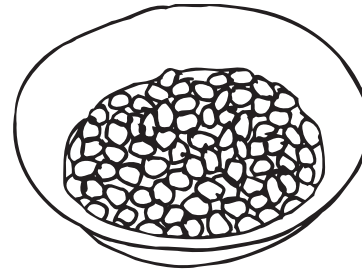
Bagel

Fruits



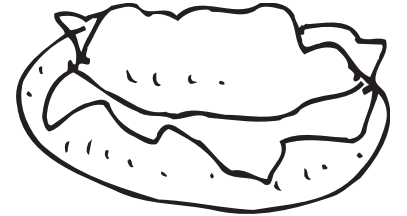
Baked Apple

Meat & Beans



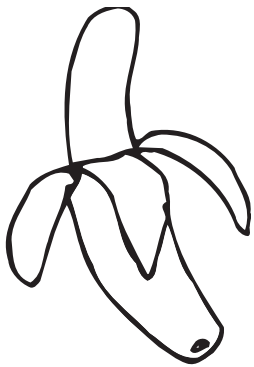
Baked Beans

Vegetables



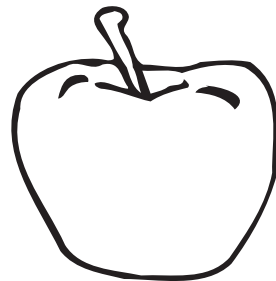
Baked Potato

Fruits



Banana

Fruits



Apple

Meat & Beans



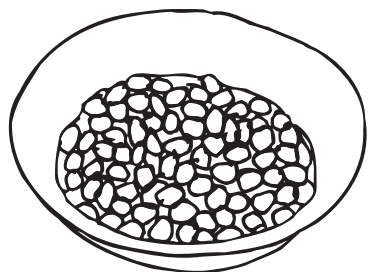
Beef Jerky

Grains



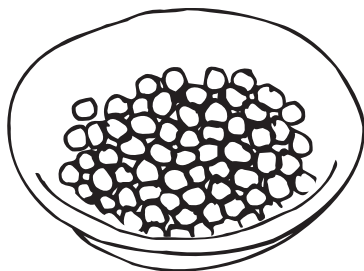
Biscuit

Meat & Beans



Black Bean Soup

Fruits



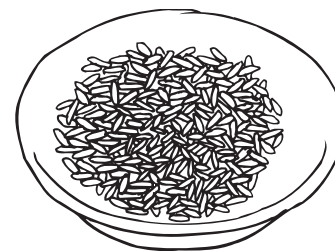
Blueberries

Vegetables



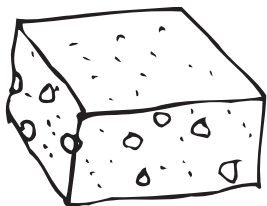
Broccoli

Grains



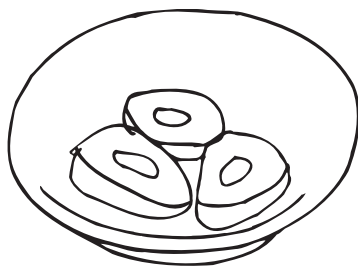
Brown Rice

Grains



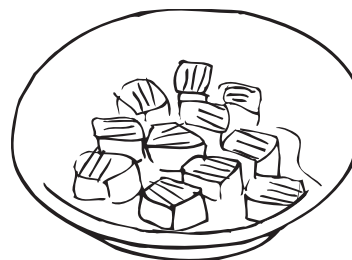
Brownie

Fruits



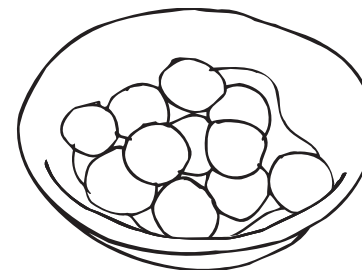
Pears

Fruits



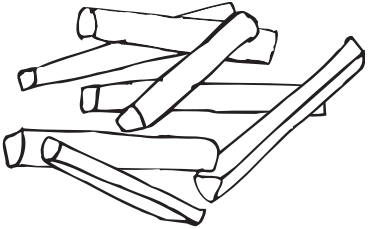
Pineapple

Fruits



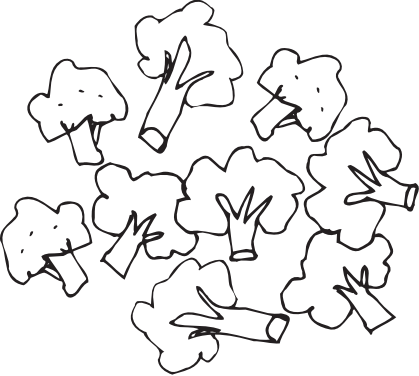
Cantaloupe

Vegetables



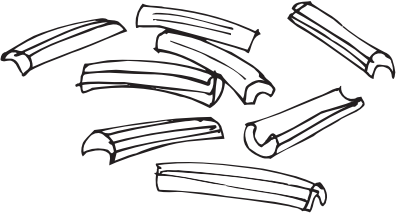
Carrot Sticks

Vegetables



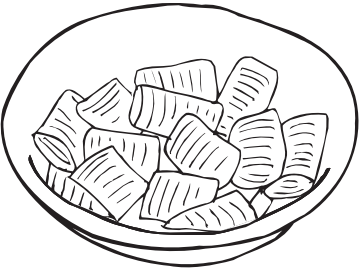
Cauliflower

Vegetables



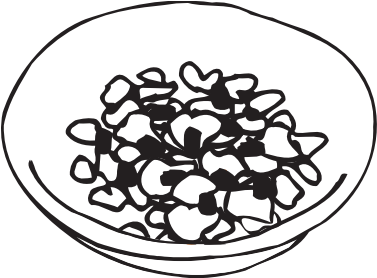
Celery

Grains



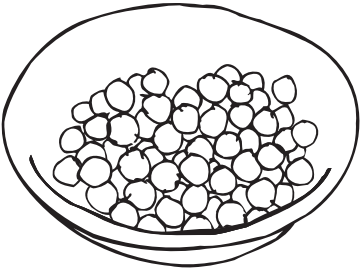
Cereal

Grains



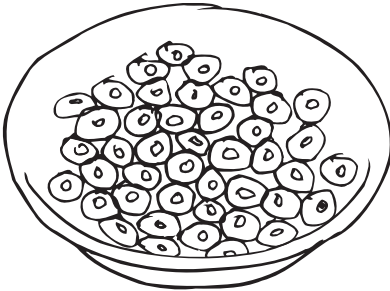
Cereal

Grains



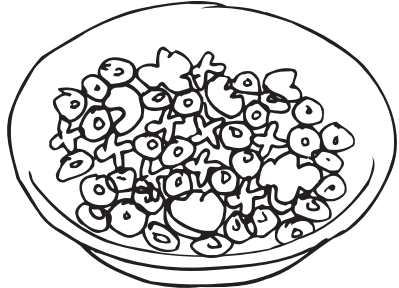
Cereal

Grains



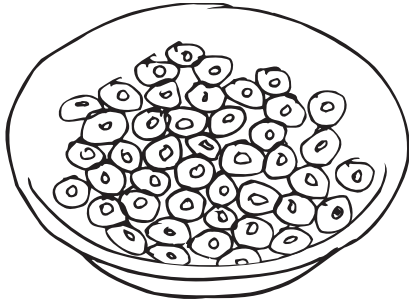
Cereal

Grains



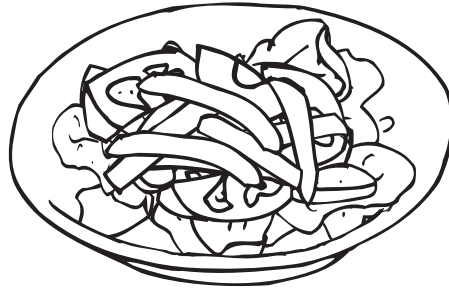
Cereal

Grains



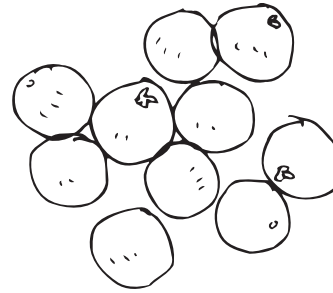
Cereal

Vegetables



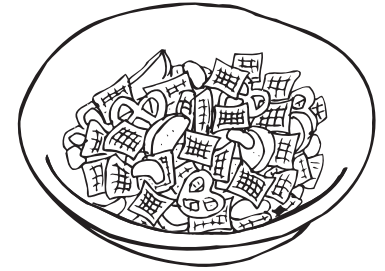
Chef Salad

Vegetables



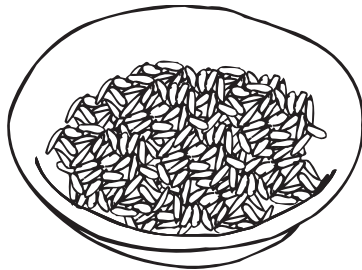
Cherry Tomatoes

Grains



Chex Mix

Grains



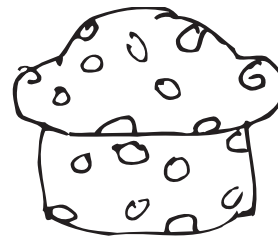
Wild Rice

Milk



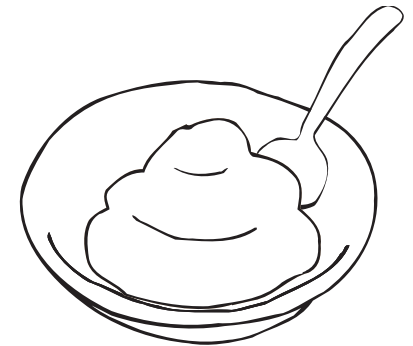
Yogurt

Grains



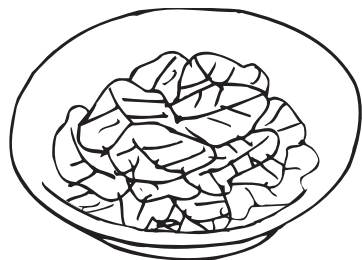
Chocolate Chip Muffin

Milk



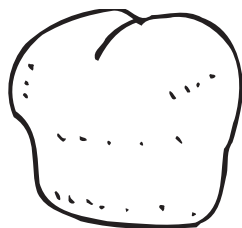
Chocolate Pudding

Vegetables



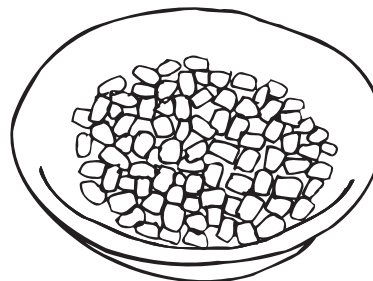
Collard Greens

Grains



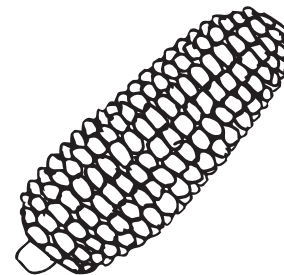
**Whole Wheat
Dinner Roll**

Vegetables



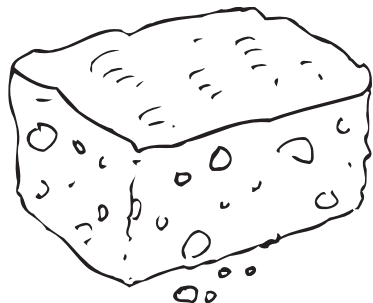
Corn

Vegetables



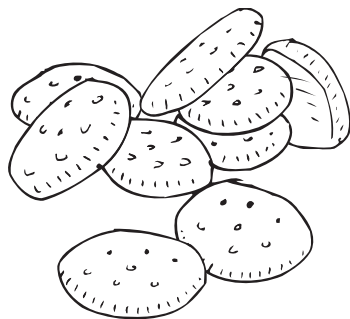
Corn on the Cob

Grains



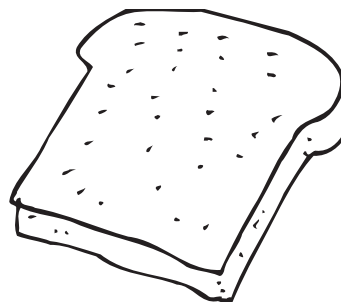
Cornbread

Grains



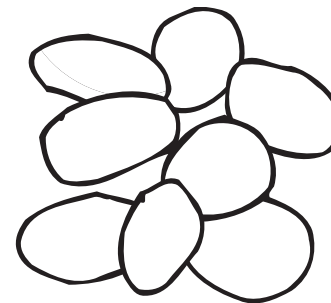
Crackers

Grains



**Whole Wheat
Toast**

Fruits



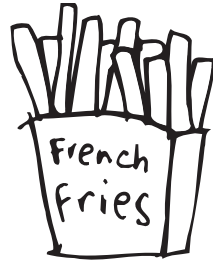
Dried Apricots

Grains



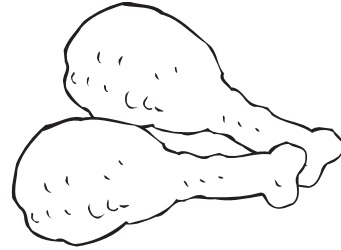
English Muffin

Vegetables



French Fries

Meat & Beans



Fried Chicken

Fruits



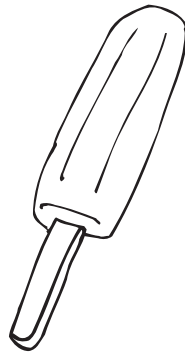
Fried Plantains

Fruits



Applesauce

Fruits



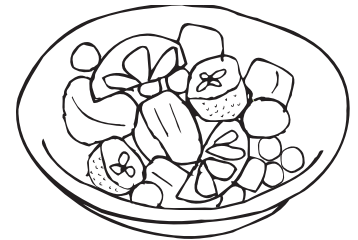
**Frozen Fruit
Juice Bar**

Milk



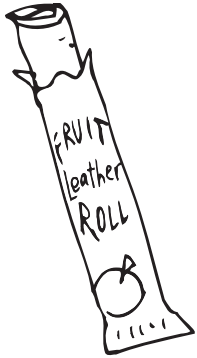
Frozen Yogurt

Fruits



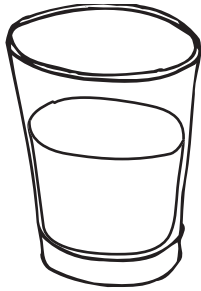
Fruit Salad

Fruits



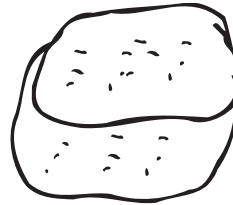
Fruit Leather

Fruits



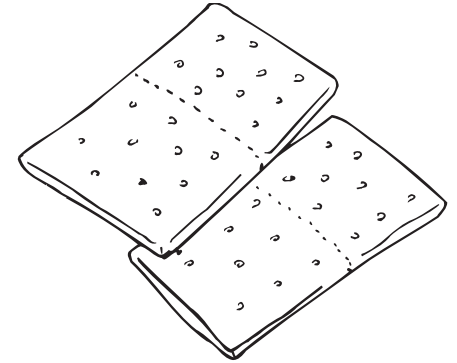
Apple Juice

Grains



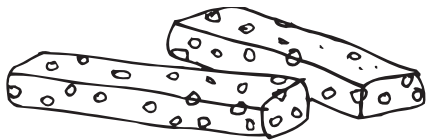
Garlic Bread

Grains



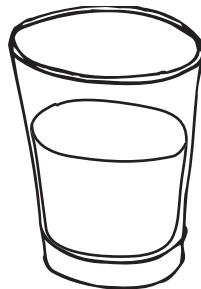
Graham Crackers

Grains



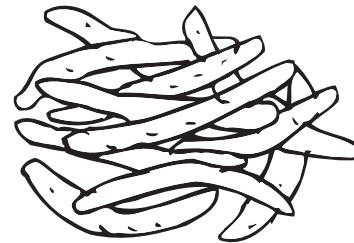
Granola Bar

Fruits



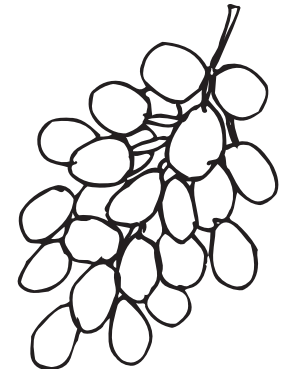
Grape Juice

Vegetables



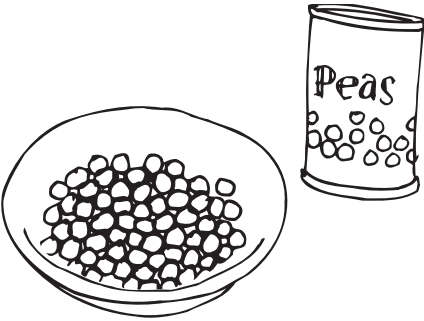
Green Beans

Fruits



Green Grapes

Vegetables



Green Peas

Meat & Beans



Grilled Chicken

Meat & Beans



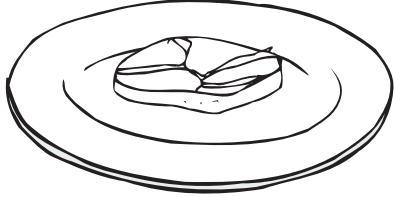
Grilled Fish

Grains



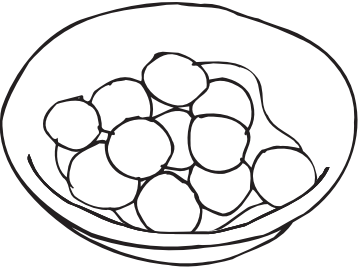
Grits

Meat & Beans



Ham

Fruits



Honeydew

Milk



Ice Cream

Fruits



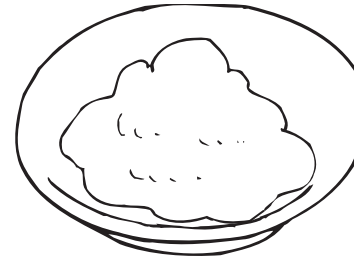
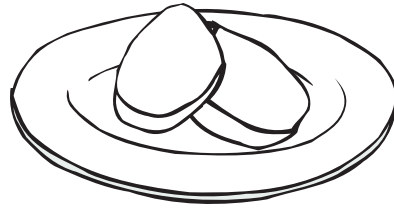
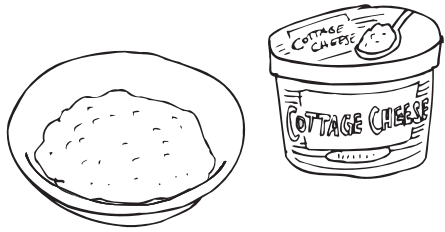
Kiwi

Milk

Fruits

Vegetables

Milk



Cottage Cheese

Mango

Mashed Sweet
Potatoes

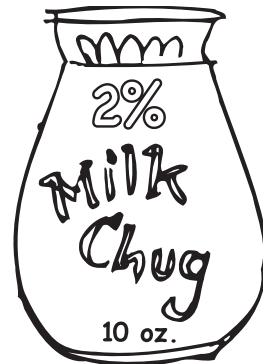
2% Milk

Milk

Milk

Milk

Milk



Chocolate
Fat Free Milk

2% Milk

Fat Free Milk

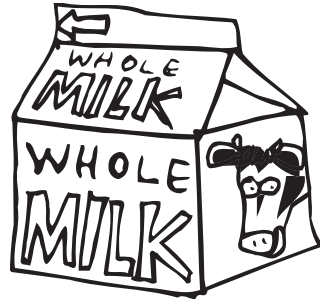
Fat Free Milk

Milk



**Strawberry
Fat Free Milk**

Milk



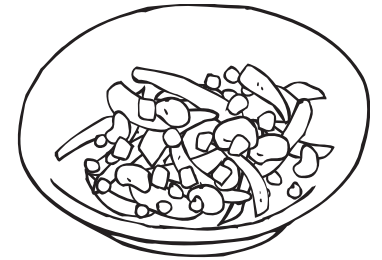
Whole Milk

Milk



Milkshake

Vegetables



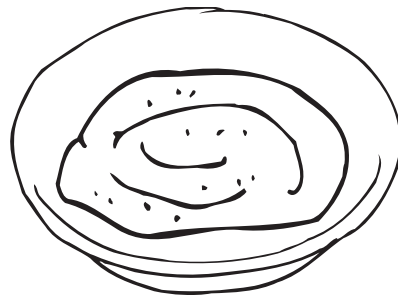
Mixed Vegetables

Grains



Animal Crackers

Grains



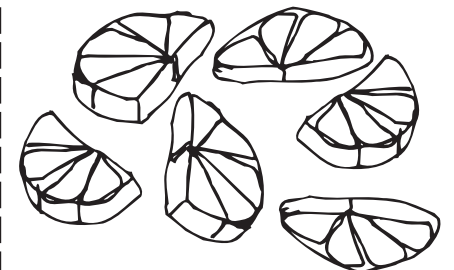
Oatmeal

Fruits



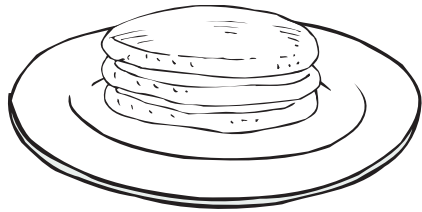
Orange Juice

Fruits



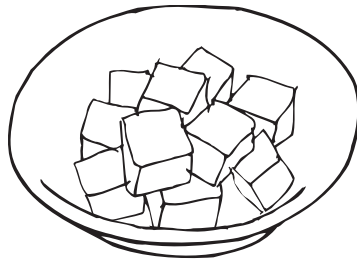
Orange Slices

Grains



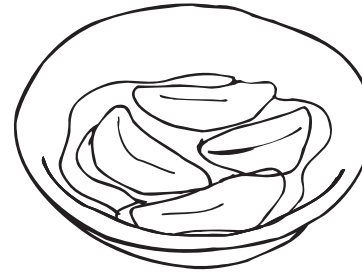
Pancakes

Fruits



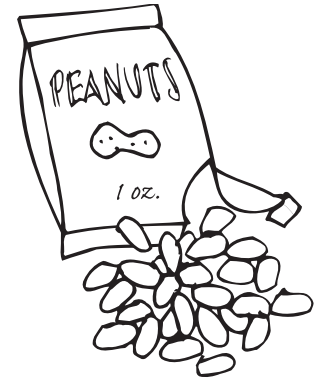
Papaya

Fruits



Peaches

Meat & Beans



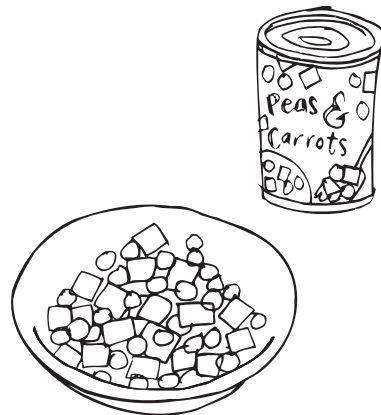
Peanuts

Fruits



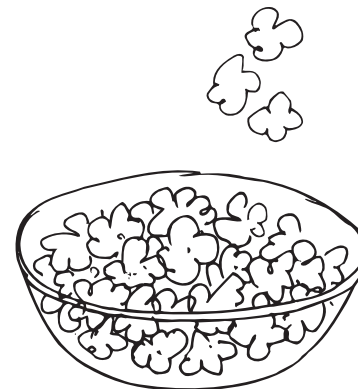
Pear

Vegetables



Peas & Carrots

Grains



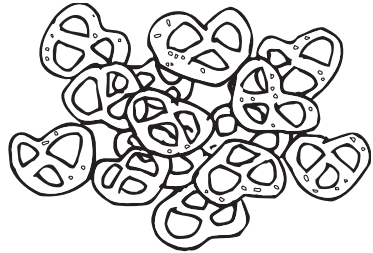
Popcorn

Meat & Beans



Pork Chop

Grains



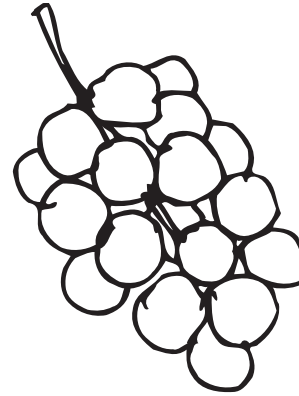
Pretzels

Fruits



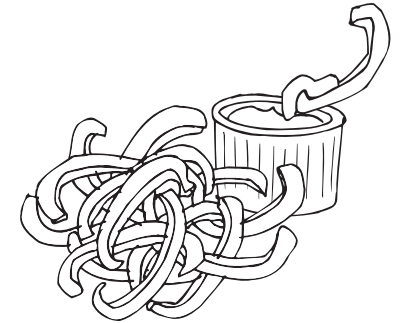
Raisins

Fruits



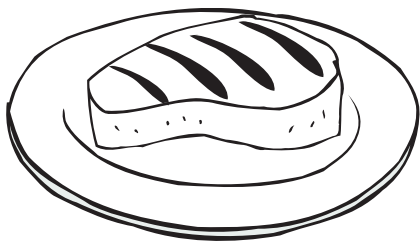
Red Grapes

Vegetables



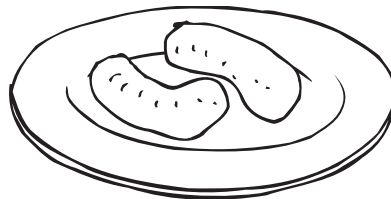
**Red & Green
Pepper Slices**

Meat & Beans



Salmon

Meat & Beans



Sausage Links

Meat & Beans



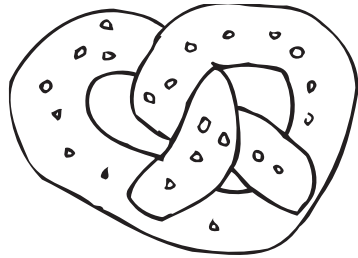
Scrambled Eggs

Vegetables



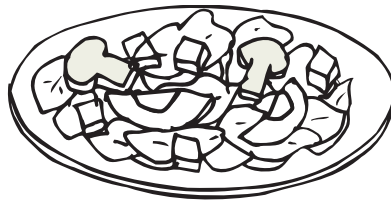
Side Salad

Grains



Soft Pretzel

Vegetables



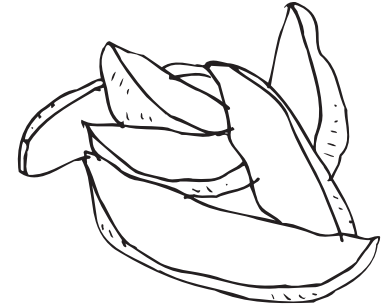
Spinach Salad

Meat & Beans



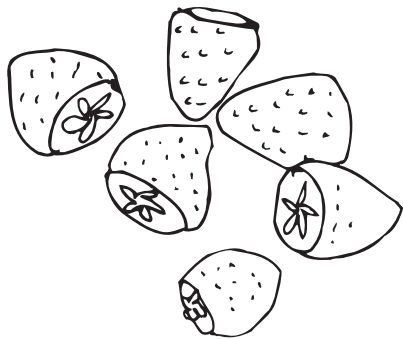
Steak

Vegetables



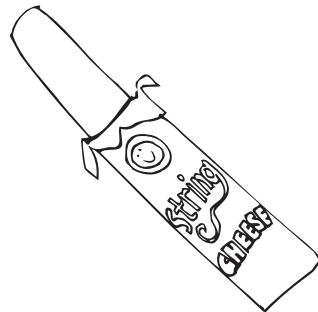
Steak Fries

Fruits



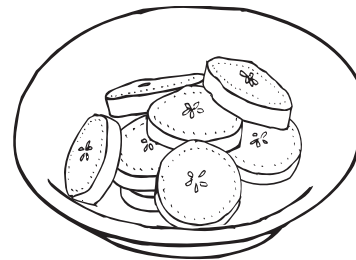
Strawberries

Milk



String Cheese

Vegetables



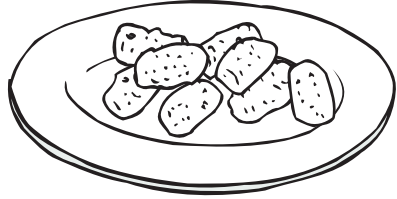
Summer Squash

Vegetables



**Baked
Sweet Potato**

Vegetables



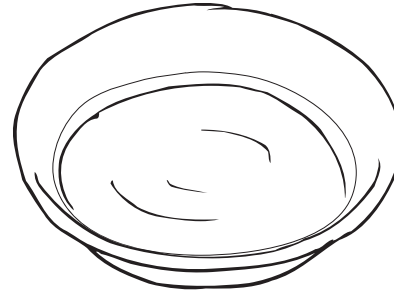
Tater Tots

Vegetables



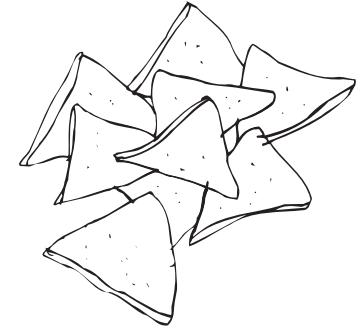
Tomato Juice

Vegetables



Tomato Soup

Grains



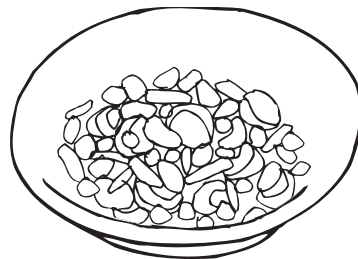
Tortilla Chips

Vegetables



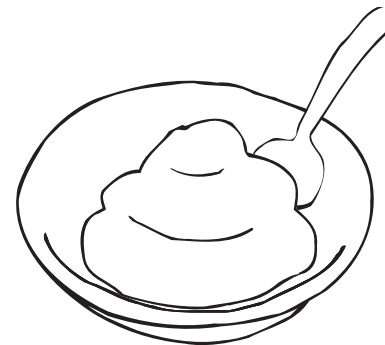
Tossed Salad

Meat & Beans



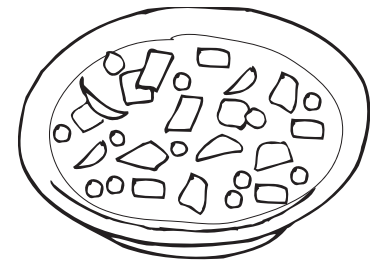
Trail Mix

Milk



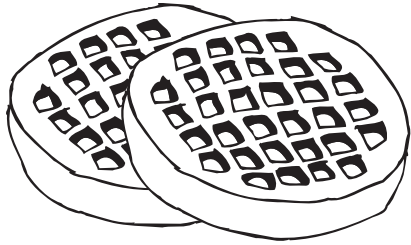
Vanilla Pudding

Vegetables



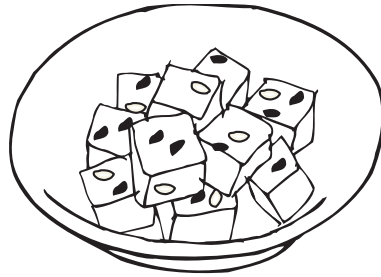
Vegetable Soup

Grains



Waffles

Fruits



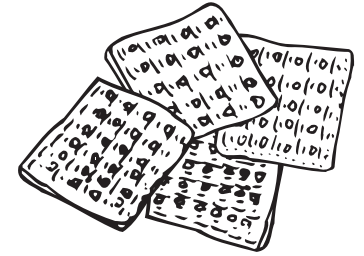
Watermelon

Grains



Whole Wheat
Bagel

Grains



Whole Wheat
Crackers

